

Please handle me with care

Please circle the number next to the statements that concern you.

- 1. I need to have a chat with you first, outside "the chair".
- 2. I have not been to the dentist for a long time, and I feel worried about what you will say about my teeth and my oral hygiene.
- 3. I'm very anxious about injections.
- 4. I feel out of control in the dental chair is there anything you can do to put me into control?
- 5. I have an extreme problem with being tipped back in the dental chair.
- 6. I'm worried about feeling pain during treatment.
- 7. I hate the noise of dental instruments.
- 8. I am afraid of gagging or choking during treatment.
- 9. I need to know that you will stop when I give a pre-agreed "stop" signal.
- 10. I feel unable to give a stop signal and need to know that we will take frequent breaks or that you will stop if you sense that I'm uncomfortable or in pain.
- 11. Please tell me about the treatment options and the ways these can be carried out.
- 12. It would help me if you would explain to me what you are doing and why.
- 13. I am worried that I may have a serious medical emergency while having treatment.
- 14. I have health problems that we need to discuss.

There are other issues I'd like to talk about that aren't covered on this form

(please specify):